



四季養生湯

Seasonal Healing Soup

每位 Per Person

冬蟲草花膠燉螺頭

功效：滋補養氣 • 增強體質

Double-boiled Cordyceps with Fish Maw and Sea Conch
Benefits: Nourishes Qi and Strengthening Overall Constitution

1,488

淮杞燉螺頭

功效：養胃生津 • 補益肝腎

Double-boiled Sea Conch and Wolfberry Soup
Benefits: Reinforcing Yin, while Nourishing the Liver and Kidneys

328

麥冬猴頭菇海參燉雞

功效：增強免疫力 • 補氣安神

Double-boiled Chicken Soup with Sea Cucumber, Lion's Mane Mushroom and Ophiopogon Root
Benefits: Boosts Immunity, Replenishes Qi, and Calms the Mind

268

雲芝石斛燉水鴨

功效：滋陰清虛 • 護肝解毒

Double-Boiled Wild Duck Soup with Turkey Tail Mushroom and Dendrobium
Benefits: Nourishes Yin, Clearing Deficient Heat, protects the liver, and detoxifies

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