



四季養生湯

Seasonal Healing Soup

每位 Per Person

冬蟲草海馬燉豬腱

功效：益氣養陰・增強體質

Double-boiled Cordyceps Soup with Seahorse and Pork Shank
Benefits: Invigorating Qi, Nourishing Yin, and Strengthening Overall Constitution

1,488

淮杞燉螺頭

功效：養胃生津・補益肝腎

Double-boiled Sea Conch and Wolfberry Soup
Benefits: Reinforcing Yin, while Nourishing the Liver and Kidneys

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麥冬猴頭菇海參燉雞

功效：增強免疫力・補氣安神

Double-boiled Chicken Soup with Sea Cucumber, Lion's Mane Mushroom and Ophiopogon Root
Benefits: Boosts Immunity, Replenishes Qi, and Calms the Mind

268

石斛西洋參燉鷓鴣

功效：滋陰潤肺・健脾開胃

Double-boiled Partridge Soup with American Ginseng and Dendrobium
Benefits: Nourishes Yin, Moistens Lungs, Strengthens Spleen, and Boosts Appetite

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