

# 四季養生湯

## Seasonal Healing Soup

每位 Per Person

冬蟲草海馬燉豬腱	
功能：益氣養陰，增強體質	
Double-boiled Cordyceps with Seahorse and Pork Shank	
For: Invigorating Qi and Nourishing Yin, Improving Immunity	1488
淮杞燉螺頭	
功能：養胃生津，補益肝腎	
Double-boiled Sea Conch and Wolfberry	
For: Reinforcing Yin, Nourishing Liver and Kidney	328
青橄欖柱甫燉日月貝	
功能：滋陰潤燥，清熱利咽	
Double-boiled Dried Moon Scallop with Green Olive and Conpoy	
For: Nourishing Yin, Clearing Heat and Moistening Dryness, Relieve a Sore Throat	268
金線蓮麥冬燉水鴨	
功能：清熱祛濕，健脾開胃	
Double-boiled Wild Duck with Ophiopogon Root and Anoectochilus	
For: Clearing Heat and Damp, Invigorate the Spleen and Stomach	188