

水療中心

SPA

MORPHEUS



摩珀斯水疗中心 MORPHEUS SPA

身、心、灵的蜕变由这里展开。中心的专研护理和优越水疗设施结合自然疗法和现代科学，将精致和谐融入每一丝细节，以您为尊，更特别指派水疗中心管家专职照顾您所需，享受完美极致纵宠之旅。

Rejuvenate and transform yourself, body and soul, with modern beauty, wellness, and relaxation rituals designed to pamper and energize you. Your personal Spa Butler can help choose the right treatments and products for an exclusively tailored, transcendent experience.

独家护理品牌 THE PRODUCTS

使用最优质的产品，是完美水疗之旅不可或缺的元素。摩珀斯水疗中心欣然为您呈献世界知名的护理品牌，将大自然的疗愈力量与最新科研成果集之大成。

Morpheus Spa is proud to bring you the world's finest products, from world-renowned brands integrating the healing power of nature with innovations in modern science.

MARGY'S
M O N T E C A R L O

站在科学研究和创新领域前沿的 MARGY'S Monte Carlo，成功研发独家配方，为摩纳哥皇室最爱，其高效抗氧化抗衰老系列誉满全球。品牌专属护理全澳只有摩珀斯水疗中心独家呈献。

Known worldwide for its superior quality, exclusive formulas, and highly effective anti-aging products, MARGY'S Monte Carlo skincare products are a favorite of the Monaco Royal Family. Exclusively available in Macau at Morpheus Spa.

Subtle Energies
A Y U R V E D A A R O M A T H E R A P Y



融会自然能量和香薰疗法，以阿育吠陀传统养生药理学疗法为本，有效恢复体魄、焕发精神、平衡情绪，达致真正的美丽与健康。

Subtle Energies creates results-based aromatherapy, natural skincare, and wellness solutions founded on Ayurvedic principles, delivering high performance results designed to empower your physical, mental, and emotional wellbeing.



专研养生系列 SIGNATURE WELLNESS COLLECTION

梦寐酣睡

Morpheus Awakening

105 分钟 min

结合阿育吠陀传统养生药理学疗法达致整全睡眠。

让身体重拾原有节奏，享受能量穴位身体和面部按摩，以及自古以来用以治疗失眠的阿育吠陀鼻腔净化理疗，最后以能量石脉轮疗法作结，让紫水晶开启掌管愉悦想像的三眼轮 Ajna、以粉晶唤醒心轮 Anahata。

包括：足浴、能量穴位身体及面部按摩、阿育吠陀鼻腔净化理疗、能量石脉轮疗法

Ayurvedic practices for better sleep.

A Marma body and facial massage brings your body back into rhythm, followed by a centuries-old insomnia treatment of nasal-oil application. A gemstone ritual applies amethyst to your Ajna (third-eye chakra) to evoke pleasant dreams, while rose quartz eases the anxiety of your Anahata (heart chakra).

Includes: Foot Ritual, Marma Body and Facial Massage, Nasal-oil Application, Gemstone Ritual

媚力凝聚

Empowerment, For Her

150 分钟 min

感受自然平衡和更生力量，由内而外焕发女人味。

以赋活细胞更新的古方按摩油配合疗愈手法，赋予身体蜕变的重要能量。然后享用高效润肌的面部护理疗程，当中包括阿拉伯茉莉、藏红花和印度玫瑰精华等有效活性成分，滋养美颜。

包括：足浴、疗愈身体按摩、滋润面部护理

Achieves power through balance and rejuvenation, for beauty, inside and out.

After massaging your body with active oils, a fusion of therapeutic techniques increases your vital energy. A custom-tailored facial nourishes your skin, using potent infusions of Arabian jasmine, saffron, and Indian rose.

Includes: Foot Ritual, Therapeutic Body Massage, Nourishing Facial Treatment

他的专属

Ascendence, For Him

150 分钟 min

为活力男士提升免疫力、肌肉力量和保持皮肤健康。

醒神的去角质护理深层去垢，加速皮肤细胞更新、改善肤质。排毒身体按摩则有效舒缓劳累、压力、肌肉绷紧和疼痛，达致深度放松。完成最后的保湿面部护理之后，瞬间洁净水润。

包括：足浴、身体去角质、排毒身体按摩、保湿面部护理

Boosts immunity, improves muscle strength, and promotes healthy skin.

An invigorating body polish renews your skin. A detox body massage eases fatigue and transports you to a realm of deep relaxation. An essential hydration facial leaves your skin cleansed and hydrated.

Includes: Foot Ritual, Body Polish, Detox Body Massage, Hydrating Facial

修复重塑

Cell Restoration

210 分钟 min

刺激细胞自我修复更新，重拾平衡，活力再展。

先以全身磨砂去除角质，让肌肤更有效吸收自选裹敷的高效抗氧化物，紧致活肤。再享受畅通血气的专研能量穴位身体按摩。尊享之旅将以焕肌再生面部护理作结，唤醒细胞，注入生机动能。

包括：足浴、身体净化去角质、裹敷护理、能量穴位身体按摩、焕肌再生面部护理

Boosts cell regeneration and repair. An indulgent way to rebalance, revitalize, and renew.

A purifying body exfoliation and your choice of phytonutrient-rich wrap tones the skin, followed by our deeply relaxing, signature Marma massage. A customized age-defying facial restores cellular radiance and vitality.

Includes: Foot Ritual, Purifying Body Exfoliation, Body Wrap, Marma Body Massage, Age-defying Facial

MARGY'S MONTE CARLO 系列 MARGY'S MONTE CARLO COLLECTION

MARGY'S Monte Carlo 奢华紧肤体验

MARGY'S Monte Carlo Noble Experience

150 分钟 min

排毒护理配合专研技术，扭转肌龄，塑造健美体态。

海盐柔滑磨砂配合排毒裹敷去除体内毒素，极速亮肌净肤和去水肿，体态更轻盈。以薰衣草宁神精华油结合独特按摩手法，为您带走烦恼，而 MARGY'S Monte Carlo 专研的逆转肌龄面部护理更有效紧致轮廓。

包括：足浴、海盐柔滑磨砂、排毒裹敷护理、薰衣草香薰身体按摩、MARGY'S Monte Carlo 逆转肌龄面部护理

Detoxifies for slimming effect. Tightens and tones the skin to restore youthful contour. A velvet sea peel and detox wrap cleanses your skin, removing toxins and reducing water retention to restore youthful contour. Stress melts away under the calming scent of lavender oil during your body massage. MARGY'S Monte Carlo anti-aging facial ensures luminous, perfectly toned skin.

Includes: Foot Ritual, Velvet Sea Peel for Body, Detox Body Wrap, Lavender-oil Body Massage, Margy's Anti-aging Facial



MARGY'S MONTE CARLO 极致胶原蛋白更新

MARGY'S MONTE CARLO COLLAGEN RENEWAL

首个同时结合射频和超声波技术的高效美颜紧肤护理。

采用革命性超声波及射频控制热力，温和刺激皮肤深层组织的骨胶原和弹性蛋白再生，极速紧致肌肤、减少皱纹。

The first and only treatment that uses ultrasonic waves for powerful skin-tightening results.

Revolutionary ultrasonic waves and controlled warmth to the skin's deeper tissues stimulate the growth of collagen and new elastin to tighten and firm skin and reduce wrinkles.

身体局部胶原极致更新

Collagen Renewal for Target Area

40 分钟 min

利用超声波收紧手臂、大腿或腹部，射频产生的热力，有效分解脂肪，促进淋巴排走液化脂肪和毒素。

Targets thighs, abdomen or arms with ultrasonic waves, breaking down fat and toxins and promoting better lymphatic drainage, to lift and firm.

面部胶原极致更新

Collagen Renewal Facial

110 分钟 min

使用射频波刺激皮肤中胶原蛋白自生，促进胶原蛋白纤维重新紧密聚合，缔造肉眼可见的提拉效果和减少皱纹。

Ultrasonic waves stimulate the production of collagen and promote the retightening of collagen fibers, resulting in visible skin-lifting effects and wrinkle reduction.

MARGY'S MONTE-CARLO 抗衰老身体护理系列 MARGY'S Monte Carlo Anti-Aging Body Treatment Collection

独家抗老身体护理疗程，赋活逆龄效果立竿见影。

Exclusive Anti-Aging Body Program with a focus on instant results.

海盐柔肤 SEA PEEL SCRUB

60 分钟 min

专属身体磨砂护理选用富含低聚物的死海盐，帮助身体排毒，去除死皮细胞，为肌肤带来犹如天鹅绒般的亮光幼滑感。配合放松身体和淋巴引流按摩、拉伸技巧，以达至身心平衡最佳状态。

Signature Body Scrub using dead sea salt, rich in oligo-elements to detoxify the body, eliminate dead skin cells and bring a velvety smooth finish to the skin. A relaxing and drainage body massage follows incorporating some stretching techniques for the ultimate well-being sensation.

逆龄排毒身体裹敷 DETOX AND ANTI-AGING BODY WRAP

60 分钟 min

专属逆龄排毒裹敷护理具有排毒、强效保湿、促进细胞再生的功能，有效紧致肌肤纹理和提拉。配合放松身体和淋巴引流按摩、拉伸技巧，以达致身心平衡最佳状态。

Signature Body wrap for detoxifying, intensely hydrating and regenerating to firm and tone the skin texture. A relaxing and drainage body massage follows incorporating some stretching techniques for the ultimate well-being sensation.



MARGY'S MONTE-CARLO 排毒塑身纤体护理
DETOX AND ANTI-CELLULITE BODY WRAP

60 分钟 min

标志性的逆龄排毒裹敷护理有效去除体内毒素、刺激肌肤更生，减少皮下脂肪团及消除水肿。再享受 Margy's Monte-Carlo 招牌塑身纤体按摩，以胶原蛋白增强精华、胶原蛋白紧致霜，重点加强所需部位。完美配合您的纤形计划。

Signature Body Wrap for detoxifying and stimulating to reduce cellulite and water retention. Collagen Booster Serum and Collagen Firming Cream is then applied using the Margy's Monte-Carlo Signature Anti-Cellulite Massage movements, focusing on the problem areas. The perfect compliment to a slimming program.

塑身纤体按摩

ANTI CELLULITE MASSAGE

60/90 分钟 min

标志性的塑身纤体按摩以深层按摩活肌技巧，针对击碎密集紧实的皮下脂肪团，有助减少橘皮组织和去水肿。刺激身体循环和淋巴系统，排解体内毒素。个性化按摩将重点关注您的特别需要。

Signature Anti-Cellulite Body Massage using deep, invigorating techniques to help reduce cellulite and water retention. Stimulates the circulation and lymphatic system to detoxify the system. Personalised massage focusing on the specific areas of concern.





私人水疗套房体验

The Private Suite Experience

60 分钟 min

在尊尚的私人空间独享闲适，或与最爱同享洗涤身心灵的奢宠时光，两间双人及一间单人水疗套房均配备豪华的水疗设施，包括室内活力池、宽敞的休闲室。

Book a private suite to experience all the indulgences of an exceptional spa getaway: indoor vitality pool, wet spa facilities, and a spacious relaxation area. Choose one of two couple suites or our single suite.

身体护理 BODY TREATMENT

喜马拉雅亮肌护理

Himalayan Energizing Body Polish

60 分钟 min

感受喜马拉雅水晶盐的活肤力量。

使用富含矿物质的喜马拉雅水晶盐驱走体内毒素，刺激血液循环。阿育吠陀香薰精油配合热敷护理有效消除压力，最后以深层保湿平衡全身肌肤。

包括：足浴、喜马拉雅水晶盐身体磨砂、阿育吠陀香薰油疗法、热敷护理

Feel the invigorating power of Himalayan crystal salt.

Mineral-rich Himalayan crystal salt releases toxins and stimulates circulation, promoting visible skin radiance. Ayurveda aromatherapy oils and hot compresses offer therapeutic stress relief. Full-body hydration deeply moisturizes and balances your skin. Includes: Foot Ritual, Body Polish with Himalayan Crystal Salt, Ayurveda Aromatherapy Oil, Hot Compress

赋活排毒磨砂

Rasayana Detox Body Buff

60 分钟 min

温柔去角质刺激细胞更新，同时减少橘皮组织。

以核桃壳去除死皮，让含有野生姜黄和柠檬精华的怡人香薰油渗透肌肤。可选用指定的乳霜、乳液或两者混合物滋润肌肤。

包括：足浴、核桃壳去角质、自选香薰护理产品

Light exfoliation stimulates cell renewal and reduces cellulite.

A walnut-shell exfoliation buffs away dead skin cells to allow deeper penetration of uplifting aromatics like wild turmeric and limbu. Aromatic-infused body butter, lotion, or a blend softens and enriches your skin.

Includes: Foot Ritual, Walnut Shell Body Exfoliation, Application of Aromatic Products



赋活排毒裹敷

Rasayana Detox Body Wrap

75 分钟 min

活肌、紧致和净化身体的终极排毒护理。

先以肉桂粉及核桃壳去角质，再进行天然矿物泥裹敷，让全身吸收姜黄百合、螺旋藻和绿茶的强效排毒净化精华。自选以香薰乳霜、乳液或两者混合滋养盈肌。

包括：足浴、身体去角质、天然矿物泥裹敷、自选香薰乳霜或乳液润肤

The ultimate detox therapy to revitalize, tone, and purify your body. A zesty cinnamon powder and walnut-shell exfoliation buffs away dead skin, while mineral-rich clay infused with spiked ginger lily, spirulina, and green tea draws out toxins. Aromatic-infused body butter, lotion, or a blend deeply hydrates your skin.

Includes: Foot Ritual, Skin Exfoliation, Mineral Rich Clay Body Wrap, Application of Aromatic Body Butter or Lotion

珍珠亮肌体膜

Pearl-infused Body Mask

90 分钟 min

体验珍珠赋予肌肤的再生力量，同时享受能量穴位逆龄面部按摩。

先去除角质软化肌肤，再以矿物体膜为细胞注入珍珠及海螺壳活性成分，刺激肌底修复再生。配合 Subtle Energies 专研面部按摩，让阿拉伯茉莉和印度玫瑰精华等活性因子扭转肌龄，恢复皮肤健康平衡。

包括：足浴、身体去角质、体膜护理、能量穴位逆龄面部按摩护理

Experience the regenerative power of pearl and anti-aging effects of Subtle Energies' Marma facial massage.

A skin-softening exfoliation, followed by a mineral-rich body mask infused with pearl and conch-shell extracts to stimulate skin-cell regeneration. The potent anti-aging actives (Arabian jasmine and Indian rose) in Subtle Energies' signature facial Marma massage restore balance.

Includes: Foot Ritual, Skin Exfoliation, Body Mask, Anti-aging Marma Facial Massage

身体按摩 BODY MASSAGE

MARGY'S Monte Carlo 专研身体按摩

MARGY'S Monte Carlo Body Signature

60/90 分钟 min

尊贵品牌 MARGY'S Monte Carlo 为摩珀斯水疗独家打造的按摩，结合不同按压手法，带来前所未有的深层放松。

结合舒缓劳累的运动按摩、增强能量的指压按摩、促进排毒的淋巴引流按摩，以及提升柔韧度的伸展按摩等不同手法，切合个人需要。

An exclusive massage ritual designed for Morpheus Spa, featuring MARGY'S Monte Carlo skincare products.

This gentle, vigorous, soothing, and therapeutic massage combines sports massage, shiatsu, drainage, and stretching for an energizing feeling. MARGY'S Monte Carlo warm lavender oil is applied to give deep relaxation.

能量穴位

Marma Massage

60/90 分钟 min

瞬间放松，有效消除压力带来的紧张和肌肉酸痛。

精准的能量穴位按摩手法配合脉轮疗法，畅通能量流动，香薰油的强效活性成分能提升健康，平衡身心。90 分钟疗程包括 Subtle Energies 能量穴位面部按摩，感受不可言喻的自然力量，宁神放松。

Our signature body massage for relaxation and stress-relief.

Long, firm, flowing movements and therapeutic pressure-point massage balances Chakras and align vital energy centers. Results-based blends deliver powerful active benefits, enhancing overall well-being. The 90-minute ritual includes a Subtle Energies signature facial Marma massage with potent aromatic actives to balance emotions and release stress.



深层舒压

Deep Relief Massage

60/90 分钟 min

深层按压舒缓绷紧肌肉，有效强化关节。

融合印度阿育吠陀按摩手法和西方技巧，结合古今养生疗法，刺激您的能量点，有效纾解身心压力、肌肉绷紧、去除水肿和排出毒素。

Deep-tissue massage relieves muscle discomfort and strengthens joints.

Blending ancient and modern therapies, including Ayurveda and Western techniques, and aromatherapy, your energy points are stimulated to eliminate toxins and ease tension, cramps, and fluid retention.

零时差足部按摩

Synchronicity Leg & Foot Massage

60 分钟 min

以阿育吠陀疗法刺激足部能量穴位，解决时差睡眠问题。

以手工铜钵螺旋式按压足部穴位，排去淤积体内的负能量达致脉轮平衡，调节生理时钟。怡人的香薰油配合促进血液循环的热敷护理让您深层放松，再涂上滋润的乳霜或乳液。

Combat jet lag with energizing Ayurveda aromatherapy massage for your feet and legs.

A handmade Kasa bowl is rubbed on the feet in a circular motion to draw out excess heat, stimulate Marma points to improve circulation, and sync your body clock to the day-night cycle. A blend of aromatic oil, comforting hot compresses, and luxurious lotions reinforce relaxation. massage restore balance.





东方魅力头肩颈按摩

Head, Neck & Shoulder Massage

60 分钟 min

针对头部穴位刺激细胞，增强记忆，振奋精神。

香薰足浴后进行磨砂，再以印度古法头部按摩刺激穴位；纯熟的指法按摩使肩颈完全放松。香薰油中的苦楝及芫荽籽精油，大大提升疗效。更可自选以面部或手部能量穴位按摩作结，体验更圆满。

Uplift your spirit and stimulate your brain with a focus on vital energy points. We start with an aromatic foot soak and exfoliation, followed by a Shiroabhyanga scalp massage. A neck and shoulder massage follow, working in conjunction with the therapeutic effects of an aromatic blend of neem and coriander seed. Your experience concludes with your choice of facial or arm Marma massage.



喜马拉雅盐石按摩

Himalayan Stone Massage

90 分钟 min

温暖的盐石可平衡身体能量，松弛神经，平静身心。

提采生成于数亿年前的喜马拉雅海盐，经人手打磨成平滑晶石，用以按压身体，能有效减压去疲劳，和谐协调身心灵。

Warm salt-crystal stones balance your Chakras, relaxing your mind and nervous system.

Salt crystals from an ancient primal sea beneath the Himalayan Mountains are hand-carved into massage stones that gently soothe away stress and muscle tension, bringing your mind, body and spirit into harmony.

面部护理 FACIAL TREATMENT

全肌更生

Holistic Anti-aging Facial

60/90 分钟 min

利用强效扭转肌龄活性因子回复明亮年轻美肌。

彻底洁净皮肤之后享受一个赋活双层面膜，渗透水合物并输送至深层真皮。其活性成分能促进胶原蛋白、弹性蛋白自生以恢复肌肤光泽，能量穴位香薰面部按摩亦有助释放肌肉紧张和焦虑。

Customized, potent anti-aging actives restore youthful, luminous skin.

A purifying skin cleanse, followed by a dynamic double mask designed to penetrate and deeply hydrate, promoting collagen and elastin production to restore skin radiance. A signature aromatic facial Marma massage releases muscle tension and anxiety.

水润柔肤

Essential Hydration Facial

60 分钟 min

深层滋润面部为肌肤恢复天然活力，适合大部份皮肤类型。

结合散沫花的镇静保湿特性、印度苦楝的抗炎效果、野胡萝卜籽的激活细胞力量，有效紧致、柔软皮肤，抵抗都市生活的不良影响；同时适合男士享用。

Deeply hydrating and nourishing. Restores natural vitality to the skin. Ideal for most skin types.

Combining the soothing and hydrating properties of gul heena, anti-inflammatory properties of neem and revitalizing benefits of carrot seed, this facial delivers effective firming results. An excellent option for men, leaving the skin more supple and resistant to the effects of urban living.

Created with Intent. Made to Empower.



Subtle Energies
ARVEDA AROMATHERAPY



www.subtleenergies.com.au

喀什米尔天然净颜

Wild Kashmir Purifying Facial

60 分钟 min

强效排毒，同时平衡油脂分泌，适合油性皮肤。

野生姜黄具强大的净化功效，而野生喀什米尔薰衣草则能镇静和恢复肌肤平衡，让疲倦、粉刺和受压肌肤恢复活力。以藏红花和乳香去角质、矿泥净化面膜进行双重排毒，彻底洁净、调整肤质。

Offers the powerful detox your skin needs. Balances sebum production; ideal for oily skin. Wild turmeric offers intense purification while exotic Kashmir lavender soothes and restores to revitalize tired, congested, and stressed skin. A double cleanse, saffron and frankincense exfoliation, and purifying mud mask draw out toxins.

MARGY'S Monte Carlo 皇牌紧致

MARGY'S Monte Carlo Haute Couture Facial

120 分钟 min

由内赋活面部细胞的最佳选择。

纯骨胶原、透明质酸骨胶原、维生素C 骨胶原和提拉抗皱骨胶原四款面膜，各为不同肤质打造，在进行皮肤分析后，挑选最切合您需要的面膜和颈膜，配合按摩至完全吸收，两块面膜同时发挥功效，显著减淡幼纹。最后以颈肩按摩作结，体验升华。

A bespoke rejuvenating ritual for your skin.

A skincare analysis determines your choice of MARGY'S Monte Carlo highly active face collagen masks (Pure, Hyaluron, Vitamin C, or Botolift). Two collagen masks, one for the face and one for the neck and décolletage are massaged into the skin for an exceptional base layer of moisture, visibly reducing fine lines for a smooth and radiant appearance, followed by a relaxing neck and shoulder massage.

干细胞亮颜面部护理

Stem Cells Illuminating Facial

120 分钟 min

以瑞士苹果干细胞提取物提炼而成的精华素复苏肌肤活力，并具备强大的抗衰老特性。富含高效活性亮白精华液，润肌乳液和干细胞胶原蛋白面膜可使肌底细胞再生，深层保湿，保持付之年轻弹滑，焕发动人光彩，瞬间以肉眼可见的速度减少面部细纹，皱纹，特殊效果显著。

A concentrated blend of Swiss Apple Stem Cell extracts simulates the vitality of the skin and delivers powerful anti-aging properties. The highly active illuminating Serum, Emulsion and Stem Cells Collagen face mask regenerates the skin cells maintaining its youthfulness, intensively hydrates and leaves the skin truly radiant. Exceptional results in reducing the appearance of fine lines and wrinkles are immediately visible.



MARGY'S Monte Carlo 臻致焕颜
MARGY'S Monte Carlo Prestige Facial

90 分钟 min
110 分钟 min

(可选用铂金面膜 with Platinum Mask)

深层保湿的抗衰老首选：MARGY'S Monte Carlo 为水疗中心独家研发的铂金面膜。
透过皮肤分析，从纯骨胶原 / 透明质酸骨胶原 / 维生素C 骨胶原 / 提拉抗皱骨胶原面膜中选出最适合您的一款，修复天然骨胶原系统结构，如选用铂金面膜效果更显著。

Intense hydration to combat signs of aging. Select the Platinum Mask developed exclusively for Morpheus Spa for optimal effect. Skincare analysis is conducted to decide on the best collagen mask for you (Pure, Hyaluron, Vitamin C, or Botolift). Your natural collagen framework is restored and your skin is softened through intense hydration. Select the Platinum Mask to amplify these effects and allow firm skin cells to regenerate.

MARGY'S Monte Carlo 肌龄逆转
MARGY'S Monte Carlo Age Reversal

60 分钟 min

预防皮肤过早老化，恢复弹性和光泽。

通过融合生物技术和植物精华萃取物的独家配方提供强大的再生能力，为您的肌肤注氧，提供再生细胞所需的矿物质和维生素。

Counters premature aging of the skin and restores elasticity and luminosity.
A proprietary blend of biotechnology and plant extracts offers powerful regeneration and deep oxygenation, delivering the minerals and vitamins required to regenerate cells.

MARGY'S Monte Carlo 面部胶原极致更新
MARGY'S Monte Carlo Collagen Renewal Facial

110 分钟 min

缔造肉眼可见的提拉效果和减少皱纹。

皮肤随著年月增长，肌体自身的胶原蛋白大大减少，为了对抗皮肤老化，特别使用射频波刺激皮肤中胶原蛋白自生，并促进胶原蛋白纤维的重新紧密聚合。

Offers visible skin-lifting effects and wrinkle reduction.
Ultrasonic waves stimulate the production of collagen and promote the retightening of collagen fibers, restoring a youthful contour.

加享护理
Add-Ons

尊宠享受，令体验更圆满
Perfect your experience with signature indulgences

快捷修护
Express Facial

30 分钟 min

有效修护皮肤，改善粉刺问题。
有效保湿和净化面部护理，滋润亮颜，均匀肤色。
进行洁面、去角质和个性化面膜，使用香薰护肤品柔滑面部，焕发活力。

Perfect for those looking to replenish and improve congested skin. An effective hydrating and purifying facial treatment, helping to moisturize and soothe the complexion with cleansing, exfoliation, and a personalized facial mask. Potent aromatics leave your skin smooth and rejuvenated.

重点按摩 (背部 / 肩颈 / 脚部)
Targeted Massage (Back / Shoulder / Feet)

30 分钟 min

速效舒缓疲劳之选。
针对目标部位而设的重点按摩，使用最适当的按摩手法，舒筋活血，缓解疼痛。

A quick and effective stress relief.
This massage is tailored to address any areas of concern and uses the most appropriate massage techniques to suit your needs and help ease aches and pains.

MARGY'S Monte Carlo 铂金面膜

The Platinum Mask by MARGY'S Monte Carlo

20 分钟 min

MARGY'S Monte Carlo 为摩珀斯独家研发的铂金面膜，致力延缓胶原蛋白的消耗和弹性蛋白的分解。此革命性的再生面膜可以刺激基底层（表皮最深层）的细胞生长，让肌肤恢复紧致，重塑年轻亮肌。

Exclusively developed by MARGY'S Monte Carlo for Morpheus, the Platinum Mask aims to slow down collagen depletion and the break-down of elastin.

This revolutionary mask can stimulate cellular growth of the basal layer, the deepest layer of the epidermis, and regenerate skin cells for a firming effect.

男士尊享 FOR MEN

他的专属

Ascendance, For Him

150 分钟 min

为活力男士提升免疫力、肌肉力量和保持皮肤健康。醒神的身体去除角质护理深层去垢，加速细胞更新、改善肤质。排毒身体按摩则有效舒缓劳累、压力、肌肉绷紧和疼痛，达致深度放松。完成最后的保湿面部护理之后，瞬间洁净水润。包括：足浴、身体去角质、身体排毒按摩、面部保湿护理

A bespoke journey for the active man. Boosts immunity, muscle strength, and skin health. An invigorating body polish renews your skin. A detox body massage eases adrenal fatigue and transports you to a realm of deep relaxation. An essential hydration facial leaves your skin cleansed and hydrated.

MARGY'S Monte Carlo 维C亮肤面部护理

MARGY'S Monte Carlo Vitamin C Facial

60 分钟 min

为活力男士而设，修护因剃须或空气污染对皮肤的刺激或伤害。解决皮肤疲惫暗哑、毛孔堵塞问题，光泽再现。享受滋润面膜和面部紧致按摩后，以热毛巾打开毛孔，再敷上胶原蛋白维生素C面膜，平衡面部油脂分泌。

For men with an active lifestyle. Soothes daily skin aggression from shaving and environmental conditions.

A nourishing mask, followed by firming facial massage. Hot towels are applied to open the pores, followed by a Collagen Vitamin C Mask to balance the skin's natural oils for a radiant glow.

MARGY'S Monte Carlo 排毒净化面部护理

MARGY'S MONTE CARLO DETOX FACIAL

60 分钟 min

强效净化，逆转高压都市生活对皮肤的影响。著重深层清洁面部，排清毒素，恢复真皮层健康。高浓度保湿成分产品能有效补充皮肤水分，使其恢复生机、充满活力。

Intense purification reverses the effects of high-pressure city life on your skin. Deep cleansing and highly concentrated products rehydrate and restore your skin, leaving it plumped and revitalized.

摩珀斯个人护理中心
MORPHEUS SALON

个人专属的护理空间，由理发、美容、美甲服务，至手部及足部护理均提升享受纵宠至更高层次。

云集世界级专业美发和美甲品牌、细意殷勤的护理服务、舒适非凡的躺椅和设施，每一个细节都经过精心策划，让您感觉特别奢华呵护。

Take your hair and nail care to the next level with lavish pampering or the ultimate makeover.
From our attentive technicians to the extensive range of the world's top beauty products and ultra-comfortable treatment loungers, every detail is carefully orchestrated to elevate your experience.



美发、美甲、手部及足部护理品牌 PRODUCTS FOR HAIRCARE, NAILS, HANDS, AND FEET



顶级沙龙品牌Davines在1983年于意大利帕尔马成立，品牌所追求的美丽是奠基于和谐、品味和个性，产品完美平衡本质与形式，自然与科学，人与灵。

Davines is founded in Parma, Italy in 1983. The beauty that Davines believe in is based on harmony, good taste and appreciation for individuality. This brand perfectly balances substance and style, nature and science, people and spirit.



来自美国比华利山的专业身体手足保养品牌SpaRitual，理念是透过护理让身心灵达致平衡，活出真正的美丽人生。产品使用来自世界各地、经过有机和公平贸易认证纯素原材料。

SpaRitual fuses a mind, body, spirit connection with healing spa traditions to create a world of Slow Beauty. Specially sourced vegan, certified organic and fair trade ingredients from around the world are used to create SpaRitual products for body, hand and lifestyle.



Shellac系列由国际知名美国指甲油品牌CND所创建，四步骤修甲包括紫外光灯。颜色不易剥落，长久保持亮丽光泽最少14天。

Shellac, created by Creative Nail Design (CND), is a 4-step manicure using UV light. A mix of polymers and monomers hardens to a high-shine finish that lasts around a fortnight.

美发服务 Salon Hair Treatments

女士剪发及造型

洗发连轻柔头皮按摩、剪发和吹发

Haircut and Finish for Her

Wash with a light scalp massage, cut and blow dry.

女士洗发及造型

洗发连轻柔头皮按摩和吹发

Shampoo and Finish for Her

Wash with a light scalp massage and blow dry.

特别造型

洗发、吹发和特别造型 (扎髻、辫子、松散波浪或卷发)

Up-do/Styling

Wash, blow-out, and styling (swept-up, buns, braid, loose, wavy or curly).

男士剪发

以传统的电推剪或精剪刀修剪造型，洗发连速效按摩

Standard Cut for Him

Using clippers or scissors to shape the hair. Includes hair wash, with a light scalp massage and blow dry.

小童剪发 (12 岁或以下)

洗发、剪发 (精剪 / 电剪) 和吹发

Children's Cut (12 or under)

Wash, cut (scissors or clippers), and blow dry.

美发服务 Salon Hair Treatments

女士剪发及造型

洗发连轻柔头皮按摩、剪发和吹发

Haircut and Finish for Her

Wash with a light scalp massage, cut and blow dry.

女士洗发及造型

洗发连轻柔头皮按摩和吹发

Shampoo and Finish for Her

Wash with a light scalp massage and blow dry.

特别造型

洗发、吹发和特别造型 (扎髻、辫子、松散波浪或卷发)

Up-do/Styling

Wash, blow-out, and styling (swept-up, buns, braid, loose, wavy or curly).

男士剪发

以传统的电推剪或精剪刀修剪造型，洗发连速效按摩

Standard Cut for Him

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小童剪发 (12 岁或以下)

洗发、剪发 (精剪 / 电剪) 和吹发

Children's Cut (12 or under)

Wash, cut (scissors or clippers), and blow dry.

数码电发

与传统电发效果相近，但感觉更柔软富光泽

Digital Perming

Similar to a traditional perm. Leaves hair softer, smoother, and shinier.

负离子

电直头发，柔顺亮丽

Hair Rebonding

Straightening hair, leaving it sleek and shiny.

染发

一系列色调可供选择；色泽亮丽持久

Single-process Color

Vibrant and lasting shades, from dark to light.

挑染

挑选发束染浅或染深，效果自然

Highlights or Lowlights

Dyeing selected strands to darker or lighter shade; luminous and natural.

创意挑染 (2-3 种颜色)

挑选发束染成 2 至 3 个色调，加强层次对比

Creative Coloring (2 to 3 tones)

Dyeing selected strands (2 to 3 shades) to achieve high contrast.

护发染亮泽护理

半永久上色，温和不伤发，赋予自然光泽

Gloss

Gentle semi-permanent coloring for smoothness and shine.

补染

补染发根、新生发丝、白发

Color Retouch

Root or regrowth recoloring, or white/gray hair coverage.

重染 / 漂染

修正颜色或于染发前进行漂染以达致最佳效果

Corrective Coloring/Pre-lightening

Correcting color tones to achieve the target color or pre-lightening before dyeing hair.

头发头皮护理 Hair & Scalp Treatments

达芬尼斯精华秀发护理

适合不同发质的需求：修护、水润、丰盈、亮泽、防护、回覆弹性、柔滑及日常护理

Davines Essential Haircare Treatment

The reformulated Essential Haircare products are designed to address different needs: nourishment, hydration, volume, shine, protection, elasticity, smoothness and daily care

达芬尼斯自然生机头皮护理

以创新方法解决头发和头皮问题的完整疗程，同时透过尖端技术提供可持续的美发方案

Davines Naturaltech Scalp Treatment

Naturaltech is a complete program of innovative solutions that target hair and scalp problems while bridging sustainable beauty practices with cutting edge technology



美甲服务 Nail Services

手甲护理

修剪甲型和抛光、甲缘角质护理、手部按摩、毛巾热敷，最后涂上优质环保无害指甲油

Manicure

Includes nail shaping and buffing, cuticle care, relaxing arm and hand massage, hot steam towel wrap, and premium vegan nail lacquer application.

脚甲护理

修剪甲型和抛光、甲缘角质护理、有机糖磨砂去死皮、足部按摩、毛巾热敷，最后涂上优质环保无害指甲油

Pedicure

Includes nail shaping and buffing, cuticle care, skin exfoliation with an organic sugar scrub, relaxing foot massage, hot steam towel wrap, and premium vegan nail lacquer application.

奢华指甲护理

修剪甲型和抛光、甲缘角质护理、有机糖磨砂去死皮之后以精华手膜护肤，然后进行手部按摩、毛巾热敷，最后涂上优质环保无害指甲油

Deluxe Manicure

Includes nail shaping and buffing, cuticle care, skin exfoliation with an organic sugar scrub and nourishes hand with serum mask, relaxing hand massage, hot steam towel wrap, and premium vegan nail lacquer application.

奢华脚甲护理

修剪甲型和抛光、甲缘角质护理、有机糖磨砂去死皮之后以精华脚膜护肤，然后进行足部按摩、毛巾热敷，最后涂上优质环保无害指甲油

Deluxe Pedicure

Includes nail shaping and buffing, cuticle care, skin exfoliation with an organic sugar scrub and nourishes foot with serum mask, relaxing hand massage, hot steam towel wrap, and premium vegan nail lacquer application.



可卸式甲油凝胶手甲

色彩亮泽、效果持久，免风干又不伤甲。先去除原有的浸脱式凝胶甲，再修剪甲型和抛光、甲缘去角质、涂上凝胶甲油，以毛巾热敷后再进行手部按摩

Soak-Off Gel Manicure

Long-lasting manicure with high-gloss shine, zero dry time, and no nail damage. Includes soak gel removal, nail shaping, cuticle care, buffing, and application of gel polish. Followed by a hot steam towel wrap and relaxing arm and hand massage.

可卸式甲油凝胶脚甲

色彩亮泽、效果持久，免风干又不伤甲。先去除原有的浸脱式凝胶甲，再修剪甲型和抛光、甲缘去角质、进行有机糖磨砂、涂上凝胶甲油，毛巾热敷后再进行足部按摩

Soak-Off Gel Pedicure

Long-lasting pedicure with high-gloss shine, zero dry time, and no nail damage. Includes soak gel removal, nail shaping, cuticle care, buffing, skin exfoliation with organic scrub, and gel polish application. Followed by a hot steam towel wrap and relaxing foot massage.

卸除可卸式甲油凝胶

去除原有的凝胶甲后再修剪甲型和抛光

Gel Removal

Gel polish removal, nail shaping, and buffing.

PolyGEL

无味、持久、无瑕、颜色均匀。配方内的丙烯酸粉末有效增加强度

Odorless, lasting, and flawless. Contains acrylic powder to enhance strength.

法式指甲

自然裸色作底色、再以白色幼边点缀的经典美甲

French Polish

A classic polish featuring white tips accentuated by natural base.

渐变美甲

以不同颜色制造渐变效果，再涂上闪粉保护层

Ombre Design

Color gradient and shading, topped with a glitter polish.

去茧护理

防止厚茧增生，温和去除硬皮和厚茧，再以天然有机产品滋润皮肤

Callus Removal

Reduces callus buildup. Removes hard and thick callused skin. Moisturizes with natural organic products.

指甲彩绘

专业美甲师以手绘图案、闪石、贴纸等装饰您的指甲

Nail Art Design

Our talented nail technicians will decorate and embellish your nails with gems, stickers, and custom-painted designs.

水疗礼仪 Embellishments

我们建议宾客提前预约，并请以有效信用卡担保以确认预约日期及时间。

若需取消或重新预约，请于水疗开始前 4 小时通知我们，否则将收取全额护理费用。

建议您提前 60 分钟到达，享用我们免费提供的水疗设施，包括活力池、桑拿、蒸气浴等。服务按预约时间准时开始，护理服务时间会因宾客迟到而缩短。

为保证静谧放松的空间氛围，水疗设施区域请勿使用手机。

我们会为宾客提供长浴袍及拖鞋。护理时，理疗师将因疗程需要，以保暖毛毯覆盖身体不同部位。

水疗设施分为男宾区和女宾区，并请于上述共用区域更换所提供的浴袍或毛巾。

* 宾客须年满 16 岁或以上方可享用水疗设施

SPA ETIQUETTE

We recommend guests book in advance to secure a preferred reservation time and date. All appointments can be guaranteed with a valid credit card. A minimum of 4 hours' notice is required to avoid a 100% charge of the total treatment fee when the appointment is cancelled or rescheduled.

To enhance your experience, we recommend you arrive 60 minutes prior to your scheduled appointment to fully enjoy our complimentary wet spa facilities, including vitality pool, experience shower, sauna, and steam room. Late arrivals will result in a shorter treatment time.

Morpheus Spa promotes an environment of tranquility and relaxation. Use of mobile phones is prohibited in the spa area.

Robes and slippers will be provided for your convenience.

Professional draping is performed throughout the duration of your spa treatment. Separate wet spa areas are designated for male and female guests. Please wear robes or towels when you are inside these shared spaces.

*Guests must be 16 or older to use the spa

摩珀斯

MORPHEUS

CCD

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